

How-to guide for digital products

Trades and apprenticeship promotion

Add a Teams background



Before a meeting

1. Go to your Teams calendar.
2. Select a meeting and select **Join**.
3. From the pre-join screen, select **Background Filters**
4. Select **Add new** and then select the new image from your computer. Make sure it's a .JPG, .PNG, or .BMP file.
5. The text on the image will appear in reverse in your preview but it will appear correctly to others.

To turn off background effects, select **None**. Your background will persist in all your meetings and calls until you change it again.

Note: If you don't see this option in the menu, the feature might not be available on your device.

During a meeting

1. Join a Teams meeting.
2. In your meeting controls, select **Camera > Video effects and settings** .
3. Select **Video settings**.
 - a. Select **Add new**  to upload and use an image from your computer. Make sure it's a .JPG, .PNG, or .BMP file.
4. Select **Preview** to view the background before you apply it.
5. Select **Apply**.
6. The text on the image will appear in reverse in your preview but it will appear correctly to others.

Customize your Outlook signature

1. Navigate to the **Email Signature** panel in Outlook by following the instructions below:
 - a. Select **File** (top left corner)
 - b. Select **Options** (near the bottom left)
 - c. Select **Mail** (near the top left)
 - d. Select **Signatures** (on the right)
2. Click in the text area of the **Edit signature field**.
3. Copy and paste a signature from below into the field.
4. Edit the information as necessary.
5. Click **OK** to close the window.

Example:

Sample Name, RSE (she/her)

Job Title

Company

Tel 780-427-9264

Cell 780-454-5698

email.address@yourcompany.ca

Championing the skilled trades.

#WouldntTradeItAB

Add a frame or overlay to a photo

1. Download the frame or overlay and save it somewhere that is accessible to you. Save the photo you want to place the frame/overlay over.
2. Use a photo editing tool to place the frame/overlay on top of your photo.

Note: Canva is a free tool that can be used to do this:

- a. Visit canva.me/photo-frame-effect.
 - b. **Log in** or create a free account.
 - c. Click **Uploads** from the left side of the screen.
 - d. Click **Upload**.
 - i. Upload **your photo**.
 - ii. Upload the **overlay/frame**.
 - e. **Drag your photo** from the uploads panel onto the canvas.
 - f. **Drag the frame/overlay** from the uploads panel onto the canvas.
 - iii. Do not place it directly on top of your photo, or it will replace the photo.
 - g. Once your photo and frame are both on the canvas, reposition and resize your photo and the frame/overlay as required.
 - iv. Fill the whole white canvas, or you'll have white space around the edges when you download.
 - h. Click **Share** in the top right corner.
 - i. Click **Download** at the bottom right of the dropdown.
 - j. Click **Download** again at the bottom of the dropdown.
3. Use your new photo on social media.