

**SPORT, PHYSICAL ACTIVITY AND
RECREATION BRANCH
- SPAR -**



December 17, 2020

**Happy Holidays to Sport, Physical Activity and
Recreation Organizations**

The staff at SPAR would like to wish you and your family a very Merry Christmas and safe and healthy holiday season



The 2022 Arctic Winter Games launches the official

Games Website

It is Time to Shine! [The 2022 Arctic Winter Games](#) host community launched the official games website this week. Get the latest information on the events taking place at the games and the teams attending.

The 2022 Arctic Winter Games will be held in the Regional Municipality of Wood Buffalo March 6-12, 2022.

Association Development Program Recipients Complete Interim Reporting Now

Operating grant recipients of the Association Development Program are eligible to receive their second operating grant installment upon the complete of their interim reporting. Recipient organizations should contact their respective Sports Consultant with questions or for further details.

Podium Alberta Awards

Over 230 successful eligible applicants to the Podium Alberta program will soon be receiving their grant award. Podium Alberta, also known as the Alberta High Performance Athlete Assistance Program, supports Alberta's high performing athletes by:

- helping athletes continue their pursuit of athletic excellence at the highest levels of national and international competition;
- encouraging athletes to stay in Alberta to live and train;
- enabling athletes to successfully pursue excellence in sport while fulfilling their educational goals;
- increasing athlete access to high-performance coaching and sports science practitioners; and,
- enhancing training and competitive opportunities available to athletes

We thank all applicants for their submission and are proud to support Alberta athletes as they pursue their dreams of athletic excellence.

ParticipACTION 2021 Community Better Challenge June 1-30, 2021

Grant Intake Open– January 25, 2021 – February 26, 2021

Organizations can apply for grants between January 25 and February 26 to

help put on great physical activity events (either in-person or virtually) during the challenge. Grant guidelines and specifications will be coming soon.

The ParticipACTION Community Better Challenge is an annual event that gets Canadians across the country moving together. At the conclusion of the 2021 challenge, one community will earn the top prize and title of being Canada's most active community. In addition to the national winner, there will also be finalists recognized from all provinces and territories.

ParticipACTION is hosting a webinar on January 21, 2021 to help you make a great application for the grant to host a Community Better Challenge. We encourage interested parties to [register for the webinar](#)

For more information on the ParticipACTION Community Better Challenge, please visit the [ParticipACTION website](#).

Pivot Online: A toolkit for Artists and Nonprofit Organizations

The toolkit captures and shares the insights from artists and organizations who have pivoted their work online and provides information, resources, and inspirations to help artists and nonprofit organizations pivot some, or all, of their operations online. You can find the toolkit on our website at alberta.ca

Culture, Multiculturalism and Status of Women will host a series of *Pivot Online Webinars* for nonprofits, and sector capacity builders. Each webinar will demonstrate specific aspects of the Pivot Online Toolkit and feature peer success stories. The webinars will be recorded live and posted on YouTube as a reference for Albertans.

Webinar dates:

- *January 4, 2021* from 4:00 pm to 5:15 pm. Success in a Digital World – Social Media with guest speaker Josiah Sinanan, musical artist based out of Calgary and podcast host.
- *January 6, 2021* – 3:00 pm to 4:15 pm – Virtual Organization – Programs and Services Online with guest speaker Chantell Ghosh, Executive Director, The Citadel Theatre.

Please go to albertacdu.eventbrite.com to register for one or all of these webinars.

Medicine Hat College Be Fit for Life Center Transitioning Resources to Online Learning

The Medicine Hat College Be Fit for Life Centre is excited to announce they are a recipient of the *Sport Relief Fund from Canadian Tire Jumpstart*.

They will be transitioning their popular Yoga Techniques and Zen Me Be Fit for Life Network resources to online learning. An online Mindful Movement course will also be developed providing professional development on the resources. Here's a sneak peek at one of the techniques featured in the [Zen Me resource](#) – The Breath of Joy.

The funding allows the Be Fit for Life Network to share these valuable tools broadly, as the course and online resources will be available to access for a FREE trial period. These are great resources for teachers, coaches, physical activity leaders and anyone interested in learning practical techniques to support social emotional learning.

If you would like to be added to their interest list, please email befitforlife@mhc.ab.ca to secure first access. The tools are scheduled to roll out in 2021-22.

Upcoming SPAR Events.

- Winter Walk Day - February 3, 2021
 - 2021 Alberta Summer Games - July 21-25, 2021 - Lethbridge
 - 2022 Arctic Winter Games - March 6-12, 2022 - Regional Municipality of Wood Buffalo
 - 2022 Canada Summer Games - August 6-21, 2022 – Niagara Region
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CANADIAN SPORT
HELpline

1-888-83SPORT (77678)

8 am - 8 pm (ET)
7 days a week

info@abuse-free-sport.ca

www.abuse-free-sport.ca



Concussion Awareness

The [#HeadstrongCanada](#) campaign is based on the Government of Canada's Concussion Framework and the [Concussion Awareness toolkit](#), is designed to give every sport organization the resources they need to show they are concussion smart and to learn the key points in concussion awareness.

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