

July 30, 2009

## Triathlon race causes minor traffic delays in Cochrane area

Cochrane... Motorists can expect minor delays on Highways 1A and 22 in the Cochrane area to accommodate the Ironman Triathlon race.

The race takes place Aug. 2 between 7 a.m. and 1 p.m. and affects Highway 1A from Ghost Lake to the junction with Highway 22 in Cochrane. The race also affects Highway 22 in Cochrane from the junction with Highway 1A to the junction with Highway 1.

Motorists can expect speed limit reductions in these areas and periodic lane and/or intersection closures to accommodate bicycles using or crossing the highway. Flag people and peace officers will be on site to direct traffic.

Motorists should use caution in the area and obey all signs, barricades, and flag people.

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## Media inquiries may be directed to:

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